

**FOR INFORMATION**

**PUBLIC**

**OPEN SESSION**

**TO:** Planning and Budget Committee

**SPONSOR:** Cheryl Regehr, Vice-President & Provost  
**CONTACT INFO:** (416) 978-2122, [provost@utoronto.ca](mailto:provost@utoronto.ca)

**PRESENTER:** See Sponsor  
**CONTACT INFO:**

**DATE:** April 5, 2023 for April 12 2023

**AGENDA ITEM:** 8

**ITEM IDENTIFICATION:**

Faculty of Kinesiology and Physical Education's *Transformation in Motion: Academic Plan 2022-27*

**JURISDICTIONAL INFORMATION:**

Divisional academic plans are considered by the Committee and the Academic Board for information and feedback. Prior to approval by the Provost and presentation to the Committee, it is expected that the relevant divisional Council would endorse the academic plan in principle. (*Planning & Budget Committee, Terms of Reference, Section 4.1*)

**GOVERNANCE PATH:**

1. **Planning and Budget Committee [for information and feedback] April 12, 2023**
2. Academic Board [for information and feedback] April 27, 2023

**PREVIOUS ACTION TAKEN:**

The Academic Plan was endorsed in principle by the Faculty of Kinesiology and Physical Education's Council on January 20, 2023.

**HIGHLIGHTS:**

In 2022, KPE embarked on a strategic planning process to help set priorities for the following five years. They wanted to ensure that they connected with their community of faculty, staff, students, partners and external stakeholders to collectively co-design the future of KPE, and they engaged The Potential Group to guide and facilitate the process. The Faculty first undertook preliminary consultations with their KPE community ("Pollination Phase") designed to set initial

directions and aspirations; then engaged in “Strategy Hives” to create a new vision and thematic priority areas; and finally a “Harvesting” phase in which goals and objectives were identified for consultation. Across the process of development, faculty, staff, students, alumni, and partners, were consulted through surveys, focus groups, and Town Halls.

KPE is currently engaged an integrated implementation planning process to ensure collaboration and joint planning between the academic degree programs and Sport & Rec. In doing so, the aim is to further realize the Dean’s mandate of strengthening the connections between research, education, and practice. The implementation planning process will occur during the remainder of this academic term with a target date of July 2023 for the development of the implementation plan along with established metrics for assessing progress.

This plan was created in line with the Guidelines on Divisional Academic Planning, which were confirmed by the Executive Committee on February 9, 2015. The Faculty of Kinesiology and Physical Education’s previous plan ended in 2022.

The Academic Plan identifies four high-level 'Strategic Foci':

- 1. Elevate Health and Well-Being:** “Movement, through physical activity, play or sport, is a human right and essential to the health of individuals and communities. The Faculty acknowledges the importance that movement has in ensuring the health of people and their communities. Our multidisciplinary approach to promoting healthy living and holistic health and wellness is one of our distinguishing strengths that we must continue to realize.”
- 2. Ignite Transformative Inclusivity:** “To realize transformative inclusivity, we will recognize, embrace and celebrate contributions of diverse ideas, perspectives, ways of knowing and doing, backgrounds and experiences. Paramount to this will be creating teaching, learning and research environments where members and potential members of the KPE community feel a genuine sense of belonging — and where the KPE community will have equitable opportunities to realize their own goals, contribute to those of the Faculty and experience fulfillment.”
- 3. Foster Discovery, Innovation and Achievement:** “The university is a place for discovery, critical thought, creativity, innovation and growth. The Faculty will foster scientific discovery and innovation through fundamental and applied research; inquiry-based learning; evidence-based practice; and the encouragement of new ideas, understandings and endeavours. We will provide accessible, supportive environments to enable students, faculty and staff to experience the sense of fulfillment that comes with discovering new things about themselves, one another and the world we share.”
- 4. Activate Partnerships and Collaborations:** “Partnerships and collaborations are fundamental to knowledge mobilization and exchange, advocacy and stewardship of meaningful, sustainable change. The Faculty commits to engaging with local and global communities to grow and strengthen relationships that are essential in realizing a shared purpose and mission.”

The plan also identifies detailed goals and objectives related to each of these foci. It was considered by the Provost's Advisory Group on March 8, 2023.

**FINANCIAL IMPLICATIONS:**

There are no immediate financial implications at the point of adopting a new academic plan. As the plan moves into the implementation phase, new initiatives will be brought forward and financial implications will be reviewed as part of the University's established budget planning and approval processes.

**RECOMMENDATION:**

This item is *for information and feedback only*.

---

**DOCUMENTATION PROVIDED:**

- Item Cover Sheet - Faculty of Kinesiology and Physical Education's *Transformation in Motion: Academic Plan 2022-2027*
- Item - Faculty of Kinesiology and Physical Education's *Transformation in Motion: Academic Plan 2022-2027*



UNIVERSITY OF TORONTO  
FACULTY OF KINESIOLOGY & PHYSICAL EDUCATION

# Academic Plan



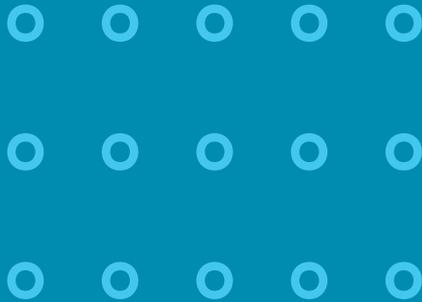
## TRANSFORMATION IN MOTION



2022 → 2027

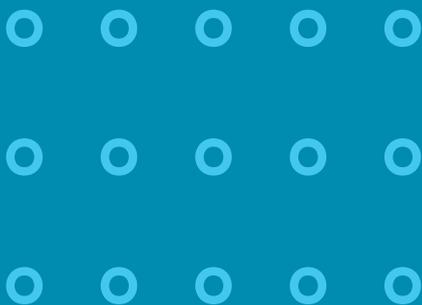
Our decisions  
will be guided  
by the values  
of integrity,  
respect, equity,  
diversity,  
inclusivity,  
leadership and  
excellence.





# mission

The Faculty remains committed to our mission to develop, advance and disseminate knowledge about physical activity, health and their interactions through education, research, leadership and the provision of opportunity. We embrace this multi-faceted mission.



# vision

Excellence in advancing healthy living through inclusive movement.

Movement —  
through physical  
activity, sport,  
exercise, dance or  
play — is central  
to the health  
and well-being  
of individuals,  
communities and  
society at large.

The explicit inclusion of physical education, physical activity and sport as key enablers in the United Nations' **Sustainable Development Goals** illustrates just how essential the benefits of movement are to our lives. These **Sustainable Development Goals** include health and well-being across the lifespan; quality education and lifelong learning; equity and inclusion; safe, livable cities; economic growth; and action against climate change. The Faculty of Kinesiology & Physical Education, with its mandate to deliver academic and co-curricular programs, is well positioned to provide knowledge, leadership and opportunities to advance these goals.





## Message from the Dean

Thank you to the more than 500 students, staff, faculty, alumni and external partners who contributed to the development of this Academic Plan. Your insights, vision and wisdom are helping us to chart the next phase of the Faculty's development.

For the Faculty, the next five years will be characterized by how we:

- provide meaningful educational experiences through degree programs and sport and recreation opportunities;
- generate and disseminate knowledge for life-long healthy living;
- create healthy, inclusive environments for learners, staff and faculty;
- build partnerships and communities;
- develop global leaders for tomorrow; and
- contribute to social and environmental justice.

We are committed to advancing individual, community, and environmental health through inclusive access to joyful movement across the spectrum of physical literacy development, fitness enhancement, athletic achievements and active play.

We look forward to continuing on this bold and exciting journey, as we realize our collective vision of excellence in advancing health through inclusive movement. The importance of our field has never been greater, and we have significant contributions to make. We are proud to put forward our 2022–2027 Academic Plan. Let's get moving!



Gretchen Kerr, Ph.D.

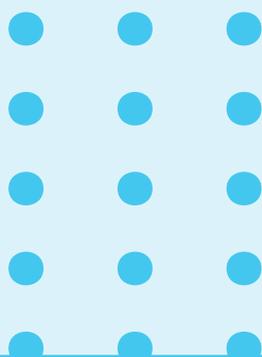
DEAN, FACULTY OF KINESIOLOGY AND PHYSICAL EDUCATION





# Our Process

In Winter 2022, our diverse KPE community engaged in powerful, cross-cutting discussion groups and brainstorming sessions.



## Pollination

Initial directions and aspirations were set and informed in the “**pollination**” phase. This exciting process brought our community together to share insights and ideas for in-depth discussion and consideration. Focus groups with faculty, students, instructors, staff, alumni and community members sparked conversations about the kind of impact we want to have, guided by the following questions:

- 1 What do we want the world to know and do because of our knowledge production and mobilization?**
  - 2 Where do we want to advance research, discovery and innovation?**
  - 3 What could our collective impact be in providing rich and meaningful educational experiences through our academic and sport and recreation programming?**
  - 4 How can we ensure that everyone at KPE feels like they belong and are part of a community?**
  - 5 What is our shared commitment to leadership for social change?**
- 

# Strategy Hives

We held “**strategy hives**” with more than 500 faculty, staff, students, alumni and key partners to create a new vision and directions for our future. An ambitious agenda emerged with areas of attention including:

- **Well-being and health that drives sustainability in every aspect — individual, community and environment**
- **Safe, healthy, inclusive and joyful sport, from playground to podium**
- **Critical health literacy**
- **Reconciliation with Indigenous Peoples**
- **Advancements in treating and preventing illness and injury through movement**
- **Preparing students to be change agents in their communities and beyond**

## Harvesting

The final phase involved “**harvesting**” information gleaned from the “strategy hives” to develop priorities, goals and objectives for further consultation. The outcome of this extensive process was a powerful commitment to **a new vision statement.**

## Our New Vision

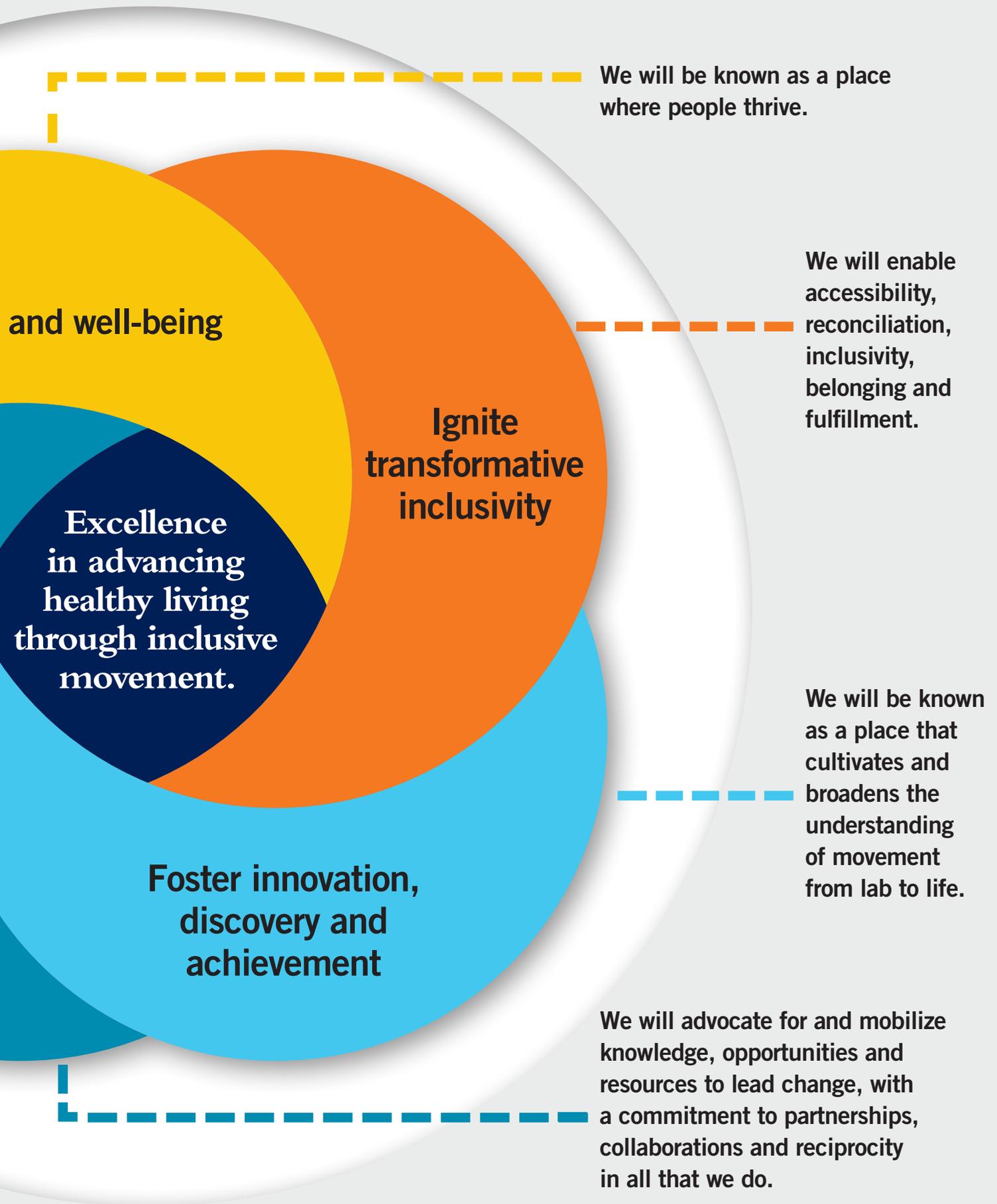
**Excellence in advancing healthy living through inclusive movement.**



**From this vision, four strategic foci emerged.**



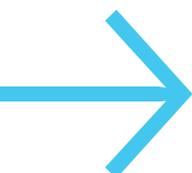
Over the next five years, we commit to contributing to a healthier, more just world by advancing understanding of the fundamental relationships between movement and individual, community and environmental health and well-being.

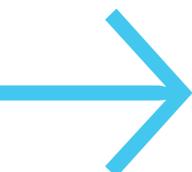


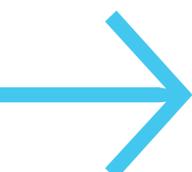
# Guiding Principles

At the core of the Faculty's Academic Plan is an intentional set of principles that guide our goals, objectives and actions. 

 Equity, diversity, inclusivity and belonging

 Reconciliation with Indigenous Peoples

 Integrity in all decisions and actions

 Leadership in education, research and governance  

 Excellence in all areas of well-being, discovery, innovation and collaboration    
   
 

## **EQUITY, DIVERSITY, INCLUSIVITY AND BELONGING**

**Underpinning all that we do is a commitment to equity, diversity, inclusivity and belonging.** We will recognize, embrace and celebrate contributions of diverse ideas, perspectives, ways of knowing and doing, backgrounds and experiences, creating teaching, learning and research environments to ensure our community feels a genuine sense of belonging and has equitable opportunities to realize their own goals, contribute to those of the Faculty and experience fulfillment.

## **RECONCILIATION**

Our commitment to reconciliation with Indigenous Peoples is guided by our understanding and acknowledgement that we are treaty citizens. We will work to implement the calls to action set out in WECHEEHETOWIN, the University of Toronto's response to the Truth and Reconciliation Commission of Canada. This includes establishing relationships with Indigenous Peoples built on trust and respect.

## **INTEGRITY**

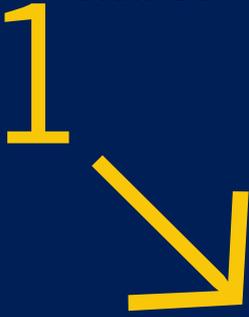
Our relationships and partnerships will be shaped by and evaluated against our commitment to integrity in all decisions and actions and will form the foundation of our educational and research endeavours.

## **LEADERSHIP**

Our commitment to leadership will be exemplified through our innovative education, prominence in research and opportunities for others to contribute to the governance of the Faculty.

## **EXCELLENCE**

The Faculty will be driven by a commitment to excellence, as defined by holistic health and well-being; inclusivity; discovery, innovation and achievement; and partnerships and collaborations.



# Elevate Health and Well-Being

Movement, through physical activity, play or sport, is a human right and essential to the health of individuals and communities.

The Faculty acknowledges the importance that movement has in ensuring the health of people and their communities. Our multidisciplinary approach to promoting healthy living and holistic health and wellness is one of our distinguishing strengths that we must continue to realize.





## Goal

We will have local and global impact on the understanding and practice of the fundamental relationship between movement and the health and well-being of individuals, communities and the environment.



## Objectives

- 1** Generate knowledge about the value of inclusive movement and physical activity for mental and physical health and well-being, and for the prevention and treatment of illness, injury and disease.
- 2** Advance an integrated, unifying approach that aims to sustainably balance and optimize the interdependent health of people, animals and the wider environment.
- 3** Design and deliver programs and services to advance individual, community and environmental health and well-being in and through inclusive movement.
- 4** Disseminate knowledge of movement and health to scholarly and public audiences.
- 5** Model a healthy place to study, work, move and play.
- 6** Continually assess and evaluate our knowledge and the extent to which inclusive movement and physical activity are realized at the University of Toronto and in Canadian society.



# Ignite Transformative Inclusivity

Health and movement are human rights.

The Faculty will advance these human rights by working to lift barriers that currently exist in the field of kinesiology and physical education with regard to access, inclusivity, equity and belonging.

To realize transformative inclusivity, we will recognize, embrace and celebrate contributions of diverse ideas, perspectives, ways of knowing and doing, backgrounds and experiences.

Paramount to this will be creating teaching, learning and research environments where members and potential members of the KPE community feel a genuine sense of belonging — and where the KPE community will have equitable opportunities to realize their own goals, contribute to those of the Faculty and experience fulfillment.





## Goal

We will advance our culture, programs, operations and spaces to enable accessibility, reconciliation, equity, inclusivity, belonging and fulfillment.



## Objectives

- 1 Generate knowledge about inclusivity and its intersections with health and movement.
  - 2 Integrate anti-oppression, anti-racism and equity frameworks, and incorporate diverse perspectives, lived experiences and different ways of knowing in all aspects of our culture, programming and services.
  - 3 Establish accessible sport, recreation and physical activity as a central feature of the university experience.
  - 4 Invest in our collective capacity to realize inclusivity and diversity in our people, spaces, operations and programs.
  - 5 Disseminate knowledge in an inclusive and accessible manner.
  - 6 Amplify our efforts and impact as advocates for physical activity, sport and play as universal human rights.
  - 7 Evaluate and celebrate our initiatives to advance an inclusive culture, programs, operations and spaces.
- 



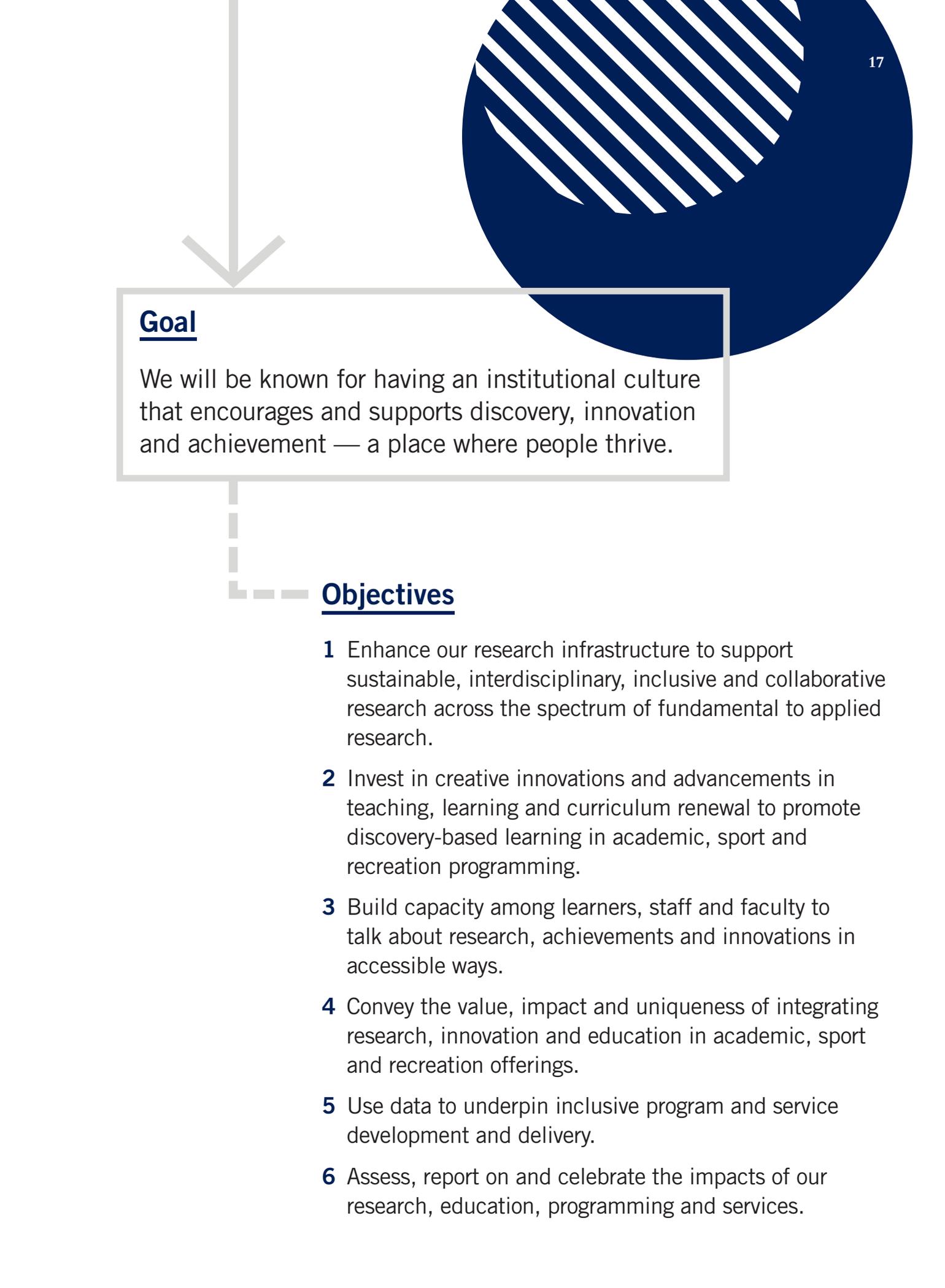
# Foster Discovery, Innovation and Achievement

The university is a place for discovery, critical thought, creativity, innovation and growth.

The Faculty will foster scientific discovery and innovation through fundamental and applied research; inquiry-based learning; evidence-based practice; and the encouragement of new ideas, understandings and endeavours.

We will provide accessible, supportive environments to enable students, faculty and staff to experience the sense of fulfillment that comes with discovering new things about themselves, one another and the world we share.



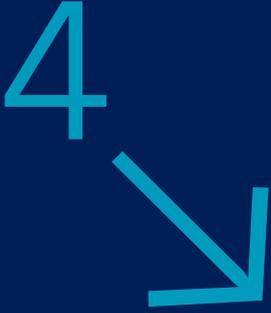


## Goal

We will be known for having an institutional culture that encourages and supports discovery, innovation and achievement — a place where people thrive.

## Objectives

- 1** Enhance our research infrastructure to support sustainable, interdisciplinary, inclusive and collaborative research across the spectrum of fundamental to applied research.
- 2** Invest in creative innovations and advancements in teaching, learning and curriculum renewal to promote discovery-based learning in academic, sport and recreation programming.
- 3** Build capacity among learners, staff and faculty to talk about research, achievements and innovations in accessible ways.
- 4** Convey the value, impact and uniqueness of integrating research, innovation and education in academic, sport and recreation offerings.
- 5** Use data to underpin inclusive program and service development and delivery.
- 6** Assess, report on and celebrate the impacts of our research, education, programming and services.



# Activate Partnerships and Collaborations

Partnerships and collaborations are fundamental to knowledge mobilization and exchange, advocacy and stewardship of meaningful, sustainable change.

The Faculty commits to engaging with local and global communities to grow and strengthen relationships that are essential in realizing a shared purpose and mission.

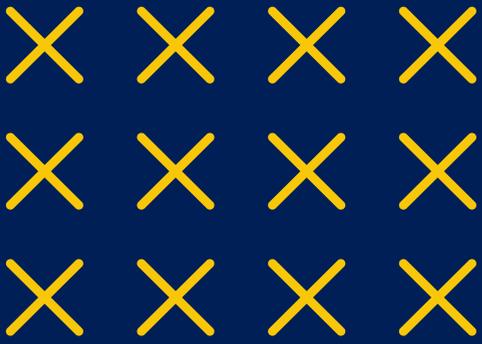


## Goal

We will advocate for and mobilize knowledge, opportunities and resources that lead to meaningful change, including a commitment to reciprocity in all that we do.

## Objectives

- ● ● 1 Create tighter integration between research, curriculum and practice for reciprocal knowledge development and dissemination and to enhance the Faculty's culture of collaboration.
- ● ● 2 Grow partnerships across U of T to advance collaborative research, education, sport and recreation programming and services.
- ● ● 3 Advance reciprocal collaborations and partnerships locally and globally with policy makers, thought leaders and community leaders to support collaborative and mutually beneficial learning and innovation in research, education and program delivery.
- ● ● 4 Prepare faculty, staff and learners to engage with the community with a full understanding of how to collaborate with others to create sustainable change.
- ● ● 5 Monitor and evaluate the quality and impact of our partnerships.

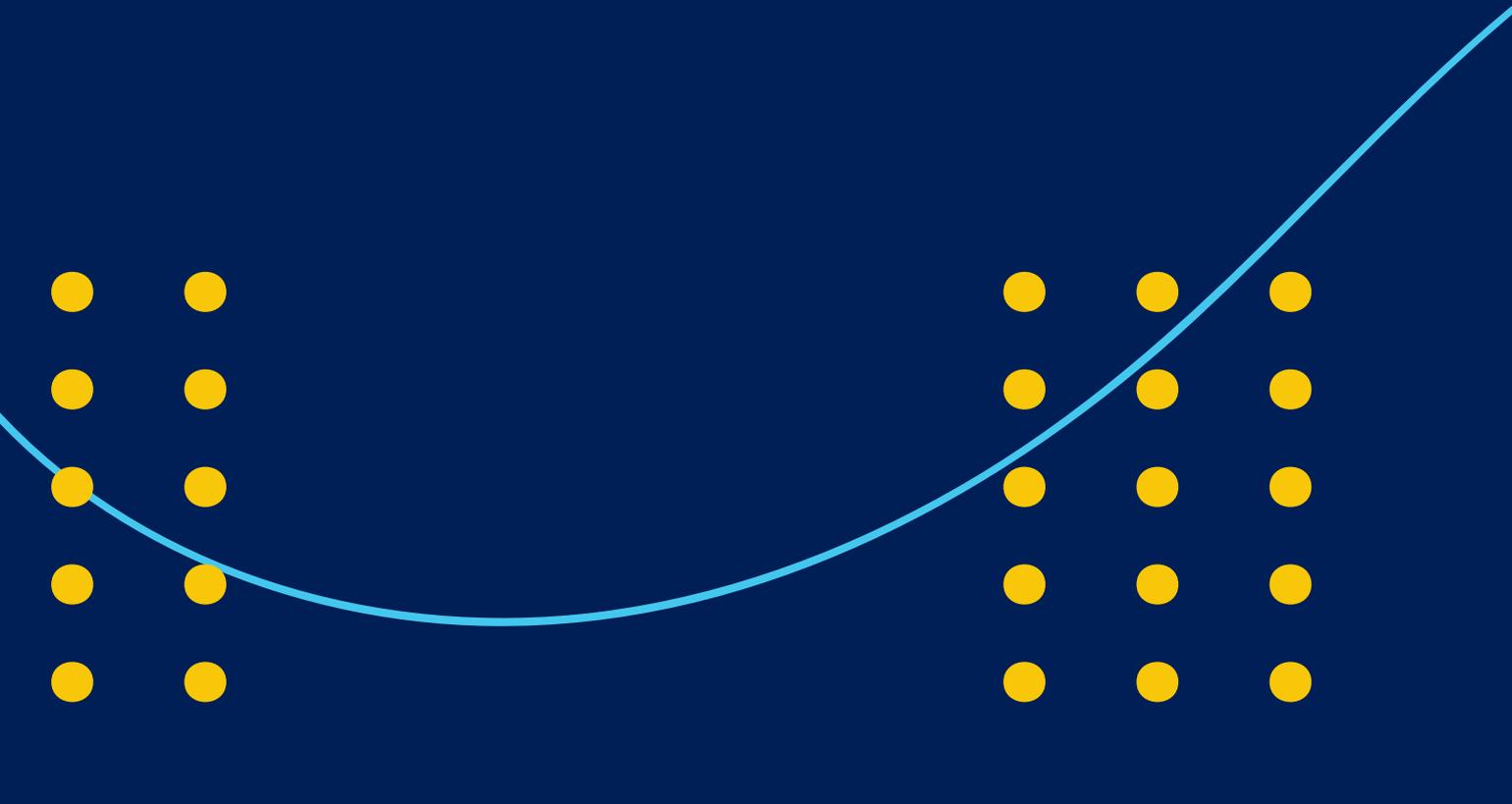


Let's





get moving!





UNIVERSITY OF TORONTO  
FACULTY OF KINESIOLOGY & PHYSICAL EDUCATION

55 Harbord Street  
Toronto, ON M5S 2W6  
[kpe.utoronto.ca](http://kpe.utoronto.ca)

